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Winter comes to Oracle
Page 12

A community publication of Copperarea.com

Oracle Towne Crier

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—David Brinkley

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OBITUARY

Elizabeth Manfredi

A Memorial Mass for Elizabeth Manfredi was celebrated Jan. 9 at 11 a.m. at St. Helen's Catholic Church in Oracle. A Celebration of Life followed the service at Elizabeth's house and studio, 1972 W. Linda Vista Rd., Oracle.

Elizabeth passed away Sept. 4, 2015, just one day shy of her 63rd birthday in St. Paul, Minnesota, of congestive heart failure. Elizabeth was a survivor of Hodgkin's Disease, although the treatments she received left her heart and lungs scarred.

A renowned artist, she was born Sept. 5, 1952 in Chicago, Illinois. She grew up in a large family originally from Calabria, Italy.

In a profile published several years ago in the Oracle, she described her grandparents' home in Chicago as being decorated in Baroque style, including tapestry with bold patterns, flowery and very ornate. As a young child, she was very much influenced by her parents' approach to art and so she chose to go to Italy for graduate school.

After receiving a Bachelor's Degree

in Visual Communication from the Illinois Institute of Technology, Manfredi spent several years as graphic designer and art director in Chicago and Minneapolis. In 1982, she began traveling and painting in Europe and Mexico. Studies were continued at the Academie de la Grande Chaumiere in Paris and at The Cleveland Institute of Art in Lacoste, France. She obtained her master's degree in painting from the Villa Schifanoia, Dominican University in Florence, Italy.

In 1989 she was awarded a fellowship and completed a second master's degree in Renaissance Art History at Syracuse University in Florence, Italy.

Manfredi had one-person and group exhibitions in renowned galleries throughout Western Europe and the United States.

Locally, her works have been exhibited at Tohono Chul Park and the Triangle L Ranch Gallery. Many of her stunning landscapes are from the surrounding areas.

Influenced by one of her teachers,

Isa Pettazzoni, Manfredi studied and later taught art history in Europe and the United States. She was fascinated with sacra conversazione, the study of facial, hand and body expressions in paintings and statues of religious saints to gleam insight into the zeitgeist of those eras.

Elizabeth taught art at the Drawing Studio, Pima and Central Arizona Community Colleges.

A chance meeting with Bruce McGrew and her eventual marriage to Lewis Schnellmann brought her to the Linda Vista Ranch in Arizona. She fell in love with Oracle because it reminded her so much of Provence, France.

Elizabeth leaves behind her husband of 16 years, Lewis Schnellmann; her mother, Pauline Salazar; and brothers, Paul Manfredi, Kirk Manfredi and Edward Manfredi.



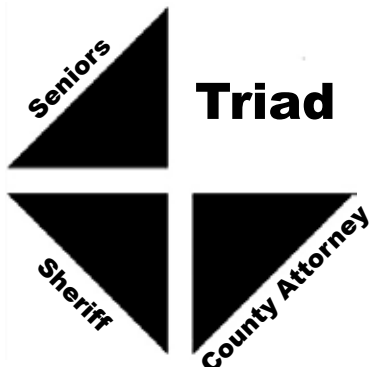
Obituaries are published free of charge in the Oracle Towne Crier. If you have an obituary you would like us to print, please email it to editor@minersunbasin.com or submit it online at CopperArea.com. You can also request our newspaper through the mortuary or funeral home.

Oracle TRIAD Coalition

First Wednesday, 3 p.m. • Oracle Fire Department

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Helping the Senior-Elder-Older Adult



TRIAD is a cooperative project composed of seniors, Pinal County Attorney's Office, Pinal County Sheriff's Department, Pinal-Gila Council for Senior Citizens, and other community partners who are dedicated to preventing the victimization of seniors, improving their quality of life and reducing consequences associated with abuse and misuse of prescription medications and alcohol. Community members are welcome. Call Jim Stephens to sign up for volunteer opportunities, 520-483-8193.

DIAPER BAG

Pinal County Diaper Drive

Did you hear about the Diaper Drive? Well it's happening right now in your area.

The Family First-sponsored diaper drive is collecting all sizes for infants and adults. You can drop off diapers at any office 508 N Thorne in Winkelman or 1575 W. American Ave. If you choose to donate with cash or check, mail to Family First P O Box 5239 Oracle AZ 85623. All donations will be used in Pinal County and are tax deductible.

By supporting this Diaper Drive you are helping the infants, elderly and disabled with a necessary item that they need to live a quality way of life. One of our recipients who was disabled was unable to afford his incontinence supplies for him to be employed. We were able to help him for a few months until he was able to afford his own. Thank you to all who supply us with incontinence items for our families.

If you have any questions please call us at 520-896-9545.

Property owners who have a widow, widower or disabled exemption need to renew that exemption by March 1 2016

FLORENCE -- Pinal County Assessor Douglas Wolf announced today that property owners who have a widow, widower or disabled exemption need to renew that exemption by March 1st 2016.

The renewal process can be handled through the mail and must be notarized. Any person applying for an exemption for the 1st time must appear in person.

"Under state law, those who have lost a spouse and have limited income can apply for the exemption. Applications must be renewed every 3 years. Those wishing to renew or apply for a new exemption can do so at the Florence Assessor's office, at the Casa Grande county complex on Cottonwood Road on Tuesdays or Thursdays, or at the Apache Junction county complex on Idaho Road on Mondays or Wednesdays," said

Wolf.

"For residents living in the eastern portion of the county, we have scheduled an outreach session in Mammoth in cooperation with Supervisor Pete Rios. We will have representatives at his office at 111 Catalina Avenue, in Mammoth on February 3 from 9:30 a.m. -1:00 p.m.," added Assessor Wolf.

All applications require a valid Arizona Driver's License or Arizona ID, Death Certificate, Arizona income tax return for 2015 and the deed and property tax bill. For more information call the Assessor's office at 520-866-6361 or visit www.pinalcountyz.gov/Assessor and click on Exemptions in the left side menu.

In addition, all not for profit organizations must also reapply for tax exempt status by March 1st.

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Friday, February 5, 2016 - Lou Nelson - TOM JONES Tribute Concert - 7:30pm. Produced by TAD Management.

LOU NELSON has been a professional entertainer for over 25 years, touring with Black Sabbath, Rush, The Guess Who and many others. He then went on to sing national TV and radio commercials and producing shows for the military abroad. These days Lou's biggest rush has been performing his tribute to one of music's most recognizable icons, TOM JONES. Tom commented "You know, I've seen that face before!" But Lou is much more than just a look alike. His attention to detail is unmatched. The mannerisms, the accent, the antics, and especially his powerful voice, are all synonymous with Tom Jones. \$30 inclusive \$35 door. Inquire about our Mix & Match Package. Discount prices **not available** on line.



Saturday, February 6, 2016 - Southern Arizona Symphony Orchestra -7:30pm.

Gould: American Salute; Rachmaninov: Piano Concerto No. 2 (Sheryll McManus, Piano); Dvorak: Symphony No.9, "From the New World." \$24 inclusive \$25 door



Wednesday, February 10, 2016 - British Invasion Music From Across The Pond - 7:30pm. Produced by Lonely Street Productions.

We all know The Beatles changed the game when it comes to rock and roll, but let's not forget all the other great bands who swept onto our shores from across the pond! Saluting hit makers such as Herman's Hermits, The Animals, The Rolling Stones, the Dave Clark Five and many more. \$30 inclusive \$35 door. Inquire about our Mix & Match Package. Discount prices **not available** on line.



Saturday, February 13, 2016 - Corrie Sachs is REBA! - 7:30pm. Produced by TAD Management.

Corrie Sachs is the #1 "Reba McEntire" tribute artist/impersonator in Las Vegas and stars in the award-winning production show "Country Superstars Tribute Show" at Planet Hollywood Resort & Casino. Winner of the 2011 "Tribute Act of the Year," Corrie is widely considered one of the best-known Reba McEntire tribute artists in the country! Having performed in dozens of shows over the years, this incredible performer has REBA down to a T! \$30 inclusive \$35 door. Inquire about our Mix & Match Package. Discount prices **not available** on line.



Wednesday, February 17, 2016 - U of A Jazz Ensemble- 7:30pm.

In its ranks have sat some of the finest young musicians in Southern Arizona. Max Goldschmid, a local prodigy and finalist in both the Carmine Caruso International Jazz Trumpet Solo Competition and the International Trumpet Guild Jazz Improvisation Competition, is our featured soloist. In the 1980's the band was hired to tour with Dizzy Gillespie, and in 1991 the band recorded an album with the great Billy Taylor Trio. Angelo Versace, the Director of Jazz Studies, serves as the current director of the ensemble. Versace and the students continue to play the classics while exploring new material. \$25 inclusive \$30 door.



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Climbing Picacho Peak

Picacho Peak towers above I-10 about halfway between Phoenix and Tucson. The black mountain shoots up out of the flat desert earth, a steep rocky crag like a fist shaking at the heavens. It is the most noticeable landmark for miles

around in any direction. The state park is famous for its spring display of wildflowers but climbing to the top of the mountain is a very exciting adventure featuring steel cable ladders, and catwalks.

Picacho is a Spanish word which means

“peak”, so the correct translation is “Peak Peak.” Picacho Peak is believed to be about 22 million years old or four times older than the Grand Canyon. Although the towering spire of rock resembles a volcano, it is actually a long ago lava flow that was eventually tilted on its side to create this steep peak. Geologists are not certain where the prehistoric volcano which regurgitated this giant mountain was located.

We park at the Sunset Vista trail head. We start hiking, meandering between volcanic boulders amidst a thick saguaro forest. The first couple miles of the trail are relatively flat as we approach closer to the steep peak. It becomes apparent that we will pay for this relatively easy stretch of hiking as we approach the base of the peak and suddenly the angle of the slope changes drastically.

Shortly after the trail becomes extremely steep we come across the first of the cable ladders. The ladder climbs the black rock maybe fifty feet, the top bending away and just out of sight. The climb is simple, grab a cable with each hand and then there are plenty of footholds on the craggy black rock. I take one careful step at a time as I slowly ascend the cliff, grabbing a cable tightly in each hand while my heart pounds wildly.



EVERY MAN'S MUSINGS

By Gary Every
Special to the Crier

Atop the ladder we come to a trail junction, to the left is the trail we will take back down but to the right is the trail which climbs the peak. At first glance the trail disappears into the steep wilderness but there is a faint trail meandering amidst the rock and cactus. We soon come to a second set of cables, nowhere near as precarious as the first. The set of cables after that winds up a sharp turn like a craggy spiral staircase. My heart pounds wildly once again, equal parts exertion and nerves.

Continued on page 10



Picacho Peak, Pinal County, Arizona



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Cold and Flu Season

Winter is upon us and with it comes flu season. Flu and colds are diseases caused by viruses. These organisms are distinctive from bacteria, though many people do get bacterial infections when they are run down by viruses.

The differences between viruses and bacteria are worth understanding. Bacteria are one-celled organisms, many of which have symbiotic relationships with humans. This means that they live on our skin and in our bodies without doing harm to us and may, in fact, provide benefits. If, however, bacteria enter areas of our bodies where they are not supposed to be or if we come in contact with bacteria that is foreign to us, our immune system responds by making specifically unique antibodies to combat them.

Pharmaceutically manufactured antibiotics that have been developed to protect us against bacterial infections do not have this same specificity which is why they kill so many different kinds of bacteria at once. Some of these bacteria that get killed may be the beneficial kind that live in our intestines and their elimination will leave our gut flora imbalanced causing diarrhea and even lowering some clotting functions that are provided by the normal flora (bacteria).

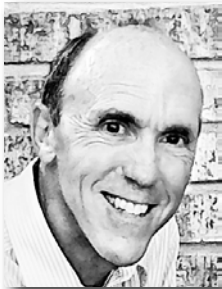
Viruses, on the other hand, that cause colds and flu, are basically strands of

DNA. These strands cause problems by infiltrating our cells and splicing into our own DNA. Once they enter us they are extremely difficult to eradicate. Antibiotics have no effect on viruses, though they are sometimes prescribed to address a bacterial infection that may occur when the immune system is compromised by the viral infection.

As is true of most ailments, the best treatment is prevention. Viruses are easily transmitted from person to person or from object to person through touch or inhalation. When we find ourselves in crowded enclosed areas, especially with persons who are sneezing (such as airplanes, auditoriums, family gatherings), it is wise to cover our mouths and noses to reduce inhalation of viruses. It is also a good idea to boost our immune systems or avoid those congested areas all together.

Once a flu or cold has been contracted, treatment is often targeted at relief of symptoms because pharmaceutical anti-viral medicines have limited success.

There are many ways of bolstering one's immune system to fight viral infections. Increasing one's intake of Vitamin C is



HEALTH ISSUES

By Dr. Michael Miles
Special to the Crier

very helpful. There are many herbs that have long histories of enhancing the immune system. The gland, thymus, has been used to increase T-cells which is a major component of our immune system that fights viruses.

Something as simple as raising our core temperature may be effective in increasing our white blood cell count.

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ORACLE CHURCH DIRECTORY

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Pastor Nathan Hogan
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Wednesday Evening 6 p.m.

Oracle Church of Christ

2425 El Paseo, Oracle

Fred Patterson
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Sunday Bible Study 10 a.m.
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Living Word Chapel

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520-784-1868

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Wednesday Bible Study Noon
Thursday Prayer Time 11 a.m. to Noon

Oracle Seventh-Day

Adventist Church

2150 Hwy 77, Oracle

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To be included in the monthly church listing, call the Crier at 520-385-2266.



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Arizona Zipline Adventures opening soon

By John Hernandez
Copper Area News

Attention all you adventure seekers out there. Get ready to strap yourself in and fly down Mt. Lemmon at the speed of sound (screaming, we assume, either in abject joy or total fear, but exhilaration nonetheless).

Arizona Ziplines Adventures will soon be open! The lines have been hung and tested and preparations for the Grand Opening are being made.

The zipline located on Mount Lemmon Road is the site of the first and longest Eco Zipline Tour

in Southern Arizona. The central location and building is known as Peppersauce Station and will be the hub for exploring and enjoying the backside of the Catalina Mountains. The station is on what was once a working cattle ranch in the historic area located above Oracle and the San Pedro Valley.

Peppersauce Station includes the eco-zipline tour, gold panning, hiking trails and team building activities for corporate, family and school groups. The building houses a gift shop, full kitchen, wood burning fireplace and a 3,000 square foot enclosed porch overlooking the San Pedro Valley and Galiuro Mountains.

Oracle Patio Café will provide deli style food during the week with special hot food menus available on weekends. Areas of the station will be available for rent for parties, corporate meetings, special events, etc. Nearby activities include the Arizona Trail, Peppersauce Cave and campgrounds, Mt. Lemmon, Oracle State Park and Biosphere 2.

The Eco-Zipline Tours include six separate ziplines ranging in from 400 feet to 1,500 feet in length and speeds from 20 to 45 miles an hour. Team building activities include 65 foot tall giant swing poles and a low rope course.

The gift shop will be selling local merchandise including honey and arts & crafts. There will be camping and hiking equipment for sale, lanterns, flashlights, ice, batteries, propane, etc. A gold panning area is set up with trommel and sluices. You can pan on site or rent the panning equipment. The area was once the site of numerous mining ventures; gold and silver was found here.

Peppersauce Station and Arizona Zipline Adventures is owned and operated by Charley Goff, Emily Goff, David Thompson and

Continued on page 7

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Looking up to the 30 ft. tower of the 1,500 foot run on the Arizona Zipline Adventures.

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Youngest students at Mountain Vista School show all how to mind their manners



Half of our school year is behind us, which means it is time for the 2nd quarter "Pride of Our Pride." This quarter Mountain Vista School had a very close run between three classes, ending in a tie between two of them. Both of the Kindergarten classes held on to 35 out of a possible 37 paws. Everyone at Mountain Vista offer our congratulations to Mrs. Messing's and Ms. Sloan's Kindergarten classes. Job well done minding those P's and Q's!

ZIPLINE

Continued from page 6

Brandon Luthy, Michael Reddish, owner of Adventure Rope Gear in Oracle, was a big help with his consultation and support of the project.

Reservations for groups and organizations will be taken. For more information visit their website: www.ziparizona.com or contact them at (520) 308-9350 or info@ziparizona.com.



Owner Brandon Luthy on the tower.

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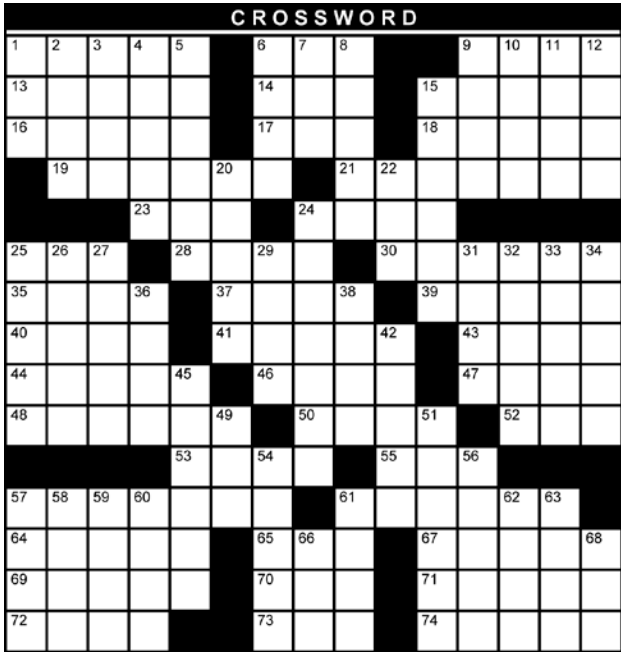
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CROSSWORD

Outer Space

- ACROSS**
- 1. Visual representation
 - 6. Part of tennis match
 - 9. Hindu dress
 - 13. Japanese-American
 - 14. Anger management issue
 - 15. Strong and sharp
 - 16. Relating to Eastern Catholic churches
 - 17. Group of whales
 - 18. Innocent
 - 19. * _____ line between atmosphere and outer space
 - 21. *Houston's infamous _____
 - 23. "Mele Kalikimaka" wreath
 - 24. *Galilean moons, the _____ largest moons of Jupiter
 - 25. Fertility clinic stock
 - 28. Something inadmissible, to a baby
 - 30. Less taxing
 - 35. Fabled fliers
 - 37. Praise
 - 39. Buddy
 - 40. Angler's hope
 - 41. Muhammad's teaching
 - 43. Capital on the Dnieper
 - 44. Hipbone-related
 - 46. Aries or Taurus, e.g.
 - 47. *E.T. "phoned" it
 - 48. One in ten, pl.
 - 50. Iran Nuclear Deal, e.g.
 - 52. Spanish "sea"
 - 53. "Moonlight Sonata," e.g.
 - 55. Embrace
 - 57. *Matt Damon in 2015 film
 - 61. *Outer space, mostly
 - 64. * _____ Asimov
 - 65. Bird word
 - 67. Flew a kite
 - 69. C le de la Cit  river

- 70. Hole punching tool
 - 71. Fill with optimism
 - 72. What choir did
 - 73. Brian Griffin on "Family Guy," e.g.
 - 74. User's treatment
- DOWN**
- 1. African grazer
 - 2. Triple toe loop location
 - 3. "Heat of the Moment" band
 - 4. Black _____ in "Pirates of the Caribbean"
 - 5. Paid killers
 - 6. Sagittarius, e.g.
 - 7. Time period
 - 8. Dancer's beat
 - 9. Union foe
 - 10. Seed cover
 - 11. Gauche or Droite, in Paris
 - 12. Something previously mentioned
 - 15. Arctic-wear
 - 20. Garlic mayo
 - 22. French street
 - 24. Snafus
 - 25. *Space path
 - 26. Bridal veil fabric
 - 27. _____ a play
 - 29. *Famous space acronym
 - 31. Punjabi believer
 - 32. "Kick the bucket," e.g.
 - 33. Organ swelling
 - 34. *Mars exploration vehicle
 - 36. *Only one was in John Glenn's Friendship 7
 - 38. *Brent Spiner in "Star Trek"
 - 42. Coffee shop order
 - 45. USDA designation
 - 49. Hot springs resort
 - 51. Country singer Tanya
 - 54. Open a beer bottle
 - 56. Cunning
 - 57. Piggy's title
 - 58. On a cruise
 - 59. Cats and dogs?
 - 60. *Beverage associated with early astronauts
 - 61. Measure of electric potential
 - 62. Beehive State
 - 63. Online _____ tag
 - 66. Be in the red
 - 68. Cotillion ball's main attraction



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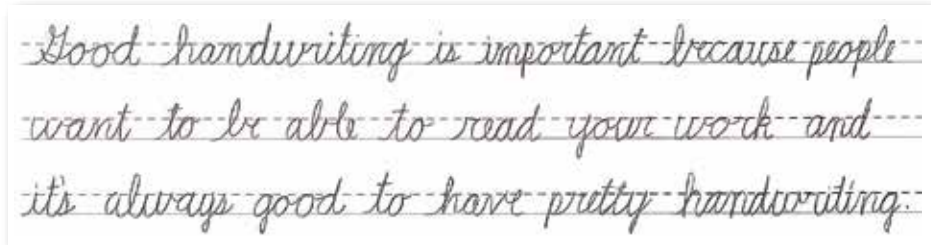
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Grammatical Humor:
What's the difference between a cat and a comma? A cat has claws at the ends of its paws and a comma is a pause at the end of a clause.

Benefits of Cursive Writing



January 23 has been designated American Handwriting Day, and the whole month of January is considered handwriting month of the year. Unfortunately, many school districts are no longer teaching our children to write in cursive. In those institutions that do, lessons are abbreviated to make room for other standards.

More people of different age groups now use print writing. However, their signature is usually penned in cursive style.

"Americans still need to sign their checks, drivers' licenses, when receiving a registered letter at the post office, as well as signing one's name to support a candidate for public office."

According to a recent article in Psychology Today, cursive writing is an important tool for cognitive development. Specifically, cursive writing trains the young brain to learn functional specialization, which enhances efficiency

in performance of special tasks.

When a child learns to read and write in cursive through consistent practice and repetition, he or she must effectively integrate fine motor skills with visual and tactile processing abilities. This is similar to doing needle work, knitting and crocheting that men and women enjoy doing in their spare time.

Research suggests that printing letters and writing cursive activates different parts of the brain. Learning cursive is good for the development of children's fine motor skills and writing longhand generally helps students retain more information and generate more ideas.

There is also the belief that learning to write in cursive can help ease symptoms of dyslexia. Since new research shows that dyslexia is caused by a functional disconnection in communication between the auditory and language centers of the brain, it stands to reason that learning

to write in cursive can improve these communication deficits.

Graphologist Graziella Pettinati of Canada likens handwriting to being the mirror of one's soul. Print writing is a manner of reproducing shapes, whereas cursive writing forces upon the student a method of managing space between letters and words, as well as controlling proportions relating to median, upper and lower zones.

Apart from just putting pen to paper, the art of handwriting starts with the correct posture at the student's desk with both feet on the ground and a straight back. The choice of writing instrument is important. Pencils are often discouraged in the classroom because text can easily be erased, whereas ink requires more forethought.

How a student handles his pen or pencil is another important aspect of writing and drawing. Some pupils tend to lean over their writing instrument, others have an unusual way of holding a pen, and some have a cramped grip that impedes free movement of the arm.



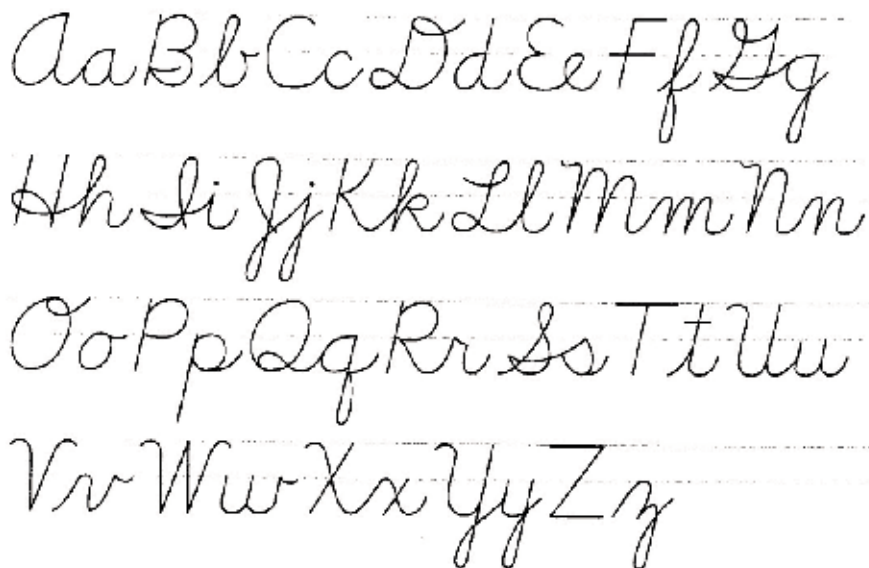
HANDWRITING ROCKS!

By Skylar Khan
Special to the Crier

In the absence of a comprehensive school program for the development of writing skills, parents may consider tutoring their children by availing themselves of the latest cursive alphabet designed and approved by most American and Canadian Handwriting Analysts (see New American Cursive Graphic below left).

The New American Cursive Copybook
Continued on page 11

New American Cursive



www.handwritingworksheets.com © 2007 by the author



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PICACHO PEAK

Continued from page 4

Every year the state park holds reenactments of the Battle of Picacho Pass, the 2nd westernmost battle of the Civil War. On April 15th, 1862 a group of Union soldiers attacked a small group of Confederate scouts at Picacho Pass in the shadow of Picacho Peak. The battle decided nothing much in a war that was being determined further east. Every March the state park hosts reenactments of the Battle of Picacho Pass as well as reenactments of other western Civil War Battles. Ironically, there are often many more eager volunteers reenacting the

Battle of Picacho Pass than participated in the original skirmish. The enthusiasm and pageantry of men on horseback makes for a wonderful afternoon. The next cable ladder leads to a narrow catwalk. Although there is another cable to hold and netting to catch us, I am becoming painfully aware just how high we are now and how really steep this mountain is. I tread the narrow boards of the catwalk very carefully. There was a second Civil War battle fought at Picacho Peak that is not nearly as well known. John D. Walker lived among

the Pima for many years and even wrote the first Pima dictionary. When the Civil War arrived he led two companies of Pima and Maricopa against their traditional enemies - the Apache. Walker led his native soldiers into battle wearing only a breech clout and war paint. His long hair was tied up in a bun. His face was painted black with ash. Walker charged into battle with a wild war whoop and an ironwood club. Walker and his company of Pima warriors surprised a group of Apaches atop Picacho Peak and slaughtered a camp of seventy five men, women and children. Those victims who were not shot leapt

from the steep precipices to escape the withering assault. Major Dorn reported in his interview with Farish for his History of Arizona written in 1918 , “Even now (approximately fifty years later) you still see on this battlefield, the skeletons of the Apaches in the crevices.” The last of the cable ladders behind us we begin the final, relatively easy ascent to the peak. The geology at the top changes, the rocks are no longer the bubbly basalt which forms the towering spire but become a Precambrian granite, rocks torn free from deep inside the earth and carried to the surface. The view is incredible, Continued on page 11



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15 TA WLS

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- Views & Sunsets!** Large living room with beehive fireplace, sun room, office, large back porch. Touches state land. \$123,750
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- Adorable Home!** Updated with remodeled kitchen and bathroom. 2 bed, 1 bath on 1 acre. Must see! \$174,900
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- Best priced 5 AC in Oracle**, homes or manufactured home, mountain views, property can be split. \$49,000
- 10 AC mountain views**, horse property. Owner may carry. \$59,000
- 4 view lots**, nice views, custom home area, boulders and trees, owner may carry. \$65,000.

San Manuel

- Lovely** 3 bd 2 ba, metal roof, new driveway, 2 metal sheds, enclosed laundry room. \$62,000
- 3 bd/2ba** large garage, 2 large storage sheds, A/C, fenced yard with drive through gate, mountain views. \$88,000
- 3 bd/2 ba** new carpet, brick wall, dual pane windows, water heater, furnace, cooler have been replaced over the last 5 years. \$2,000.00 seller contribution towards buyer's cost. \$62,900

Surrounding Area

- 5 acres, fenced**, 2 wells, barn, storage shed, horse corrals and views. \$50,000
- Fixer upper**, large lot, views. \$9,700
- Redington home** charming 4 bedroom, 2 bath country style home on beautiful 6.5 acre parcel. Large pond, horse facilities, chicken and goat pens, huge mesquite trees, artesian well. \$179,000

- Awesome views** from large covered deck. 2000 doublewide on .34 acres. \$129,000
- Charming home.** Views, fenced yard, large garage/workshop on 1.24 AC. \$99,900
- Classic bungalow** 1 bed, 1 bath with amazing garage! .47 acres. \$129,000
- Mountain views 4 bed**, 2 1/2 bath, 2,404 sq. ft. plus a 1,244 sq.ft. basement, 34 x 27 detached garage on 6.85 ac. \$395,000.
- Incredible remodel.** Beautiful spacious kitchen with island, all new stainless steel appliances, new cabinets and more, 3 bdrm, 3 ba. \$154,900
- Commercial Building** 960 sq ft, great location. \$75,000.
- Completely remodeled in 2012!** 3 bed, 3 bath on 2.21 oak covered acres with 2 detached workshops/garages, pool with ramada and lots more to see! \$499,000
- Beautiful Santa Fe home** with fantastic views from 2 different balconies. 3 bed, 3 bath, cherry wood cabinets, granite countertops, 3 car garage. \$319,900

A very steep climb up Picacho Peak.

HANDWRITING

Continued from page 9

can be obtained by contacting Iris Hatfield of HuVista International of Louisville, KY at 502 253-1954, www.NewAmericanCursive.com.
A CD program is available for the very young writer that allows parents or instructors to create individual practice sheets in minutes, customized to each student's habitual writing size. The program includes easy-to-follow dots and arrows, giving students a basic method of drawing letter formations in a logical, efficient way.
The best way to teach the alphabet to very young writers is through dance. Each letter can be written in the air with movements that include the whole body. For more emphasis on form, a lightweight scarf may be added to the dance. This method allows for quicker learning and

the child can better remember the letter when reading or writing.
As young writers grow and mature, their style of writing will change until about the age of 25 when it is expected to remain stable, bar traumatic experiences.
It is advantageous for children to learn a specific format from which they may deviate later in life, according to character and personality. And this new alphabet is the best available at this time, endorsed by a majority of American and Canadian Handwriting Analysts.
During handwriting month, and every month thereafter, you may consider sitting down and writing a beautiful letter to someone you love.
For more information, please contact sky@theriver.com.

HEALTH ISSUES

Continued from page 5

Many people have been successful at resolving a flu by simply stimulating a sweat. This can be accomplished by taking a hot bath and bundling up and "sweating it out" or "breaking the fever."
An often overlooked value in enhancing one's own immune system rather than relying on outside pharmaceutical drugs is that the immune system is then exercised and prepared to combat the next potential

infection. Again, this preventive strategy is the best medicine for a long and healthy life.
Dr. Michael Miles' Clinic is located at 15601 N. Oracle Rd. in Catalina behind Golf Cars of Arizona. You can learn more about the Catalina Clinic and Dr. Miles by visiting the website: www.catalinaclinic.com. To contact Dr. Miles or make an appointment at the clinic call 520-825-8100.

PICACHO PEAK

Continued from page 10

vistas in every direction. We start to name the mountains we recognize Santa Catalina, Antelope Hill, Tabletop Mountain, Black Mesa, the Galiluros and more including Baboquivari the sacred mountain of the O'odham.
The Rooster Cogburn Ranch is nestled at the base of the peak. It is an ostrich ranch. The ostriches figure in one of my favorite Arizona legends. More than a century ago a stagecoach bandit named El Tejano was ambushed at Picaho Pass. His ghost has been seen in the region many times since they built the interstate highway. He charges

down the steep slopes of Picacho Peak atop a snorting stallion. It is said that when the wind gusts atop this flat stretch of highway it is the ghost of the stagecoach bandit El Tejano, shaking coins loose from automobiles and still earn an ill-gotten living. The legend has changed in recent years. Now the ghost of El Tejano charges recklessly down the slopes of Picacho Peak riding an ostrich. Just something to think about the next time you are driving past Picacho Peak and a gust of wind shakes your car. Beware the ghost of El Tejano.

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Snowplows were out in force Thursday, Jan. 7, after a hard-hitting snow storm blanketed the area. School was dismissed early and cancelled altogether on Friday.

John Hernandez | Copper Area News



Kids took advantage of the school cancellation to build snowmen in front of the Oracle Post Office.

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